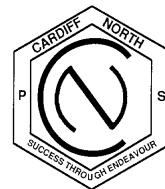


BULLETIN

Pupils are to reach their full potential through teacher, parent and student endeavour.

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Term 2 Week 10

27th June 2017

COMING EVENTS

Thursday 29th June

Disco

Friday 30th June

NAIDOC sausage sizzle

Friday 30th June

Last day of term 2

Monday 17th July

Staff Development Day

Tuesday 18th July

Students return to school

Tuesdays

Student Banking

Fridays

PSSA Sport

Dear Parents,

P&C/Canteen News

"Thank you" to all those parents who assisted the P&C with their sausage sizzle fund-raiser held last weekend at Office Works, Warners Bay. A special "thank you" to the P&C members and executive who organised the whole event.....a mammoth task! **Well done!** "Thank you" also to those staff who found some time to assist.

Results were not as good as hoped for, and P&C will be evaluating the success or otherwise for future ventures.

Those who ordered pies etc will have picked them up from the hall today, (Wednesday). "Thanks" to Mrs Saxby who has again taken on the majority of organising, and informs me that around \$480.00 will go to the P&C's account in their endeavour to raise enough money to put a weather-proof cover over our fixed equipment.

Please be reminded that lunch orders will not be available this Friday, but small orders of snacks etc will be available. While a sausage sizzle will be provided, it's a good idea to have a sandwich or something extra and substantial in case your child gets hungry.

The canteen committee is gradually ensuring our school is compliant with the new "Healthy School Canteen Strategy", and so you may see some changes to the menu in the coming weeks. Feedback from the children on changes already made has been positive.

Sport

PSSA

Last week we had a difficult time against Cardiff in both soccer and netball. In the soccer the juniors had a particularly difficult time adjusting to playing on a full sized field and went down 7 - 0. Whilst the seniors did not fare much better going down 7 - 2. In the netball the juniors continue to improve losing 7 - 6 and the seniors played well but lost 26 - 19.

Zone Athletics Carnival

The weather has been against us this term in running our field events for the Zone athletics trials. We are nearly there with only the junior long jump to go. Notes for selection will not go out for the Zone Athletics Team until next term due to changes that have occurred at Zone level that are still to be finalised. However, the date for the **Zone Carnival is Wednesday, 9th August, 2017 at the Hunter Sports Centre, Glendale.**

Premiers Sporting Challenge

The Premiers Sporting Challenge is well and truly underway with students now reaching the half way mark

Permission Notes and Payments Due

Stage 2 Excursion - Outdoor Education Centre \$255

\$50 deposit Overdue

Final payment due by 7th August

Stage 3 Excursion - Milson Island

\$50 deposit Overdue

General School Contribution \$44 per child

Mathletics \$20

Overdue

P & C Meetings
7pm in the staffroom
 Our next meeting
8th August 2017
 (Preceded by Canteen Meeting 2.30pm)

of the challenge. In this challenge, Primary students record their physical activity time in the Premier's Primary School Sport Challenge log book.

Examples of the types of moderate to vigorous activity that students record are:

- incidental activity
- playground games
- organised school sport competitions and physical education activities
- school based programs such as the PE, sport and PSSA
- outdoor adventure and physical recreation programs
- school camps
- dance associated with the Performing Arts.

To achieve a Premier's Bronze, Silver, Gold or Diamond Award, classes and individual members must accrue the following time spent in sport and physical activity:

Awards

Daily average activity time per student.

Average time in minutes per week per student:-

Bronze 30 minutes per day 210

Silver 45 minutes per day 315

Gold 60 minutes per day 420

Diamond 80 minutes per day 560

Term 3

Just a reminder that children will return from their July holiday break on Tuesday 18th July. Staff will have already returned for a training day on the Monday, 17th July.

NAIDOC

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. CNPS are celebrating NAIDOC week this week and have started off by having a morning assembly to open our week of celebrations. Yesterday infants enjoyed leaf painting while primary students learnt how to weave. Their wonderful artwork will be on display next term. For the remainder of the week, students will be listening to dreaming stories, enjoying the Cardiff High School Aboriginal Dance Group at assembly tomorrow and an out of uniform day (red, black and yellow clothes) on Friday. Our disco on Thursday evening has a colour theme of red, yellow and black, to match the Aboriginal flag colours. (This is optional). We will finish off our week of celebrations with a complimentary sausage sizzle on Friday at lunch time.

Student Wellbeing: Rewards Day.

Children who have achieved a full sticker card for this term will receive something a little extra at the sausage sizzle on Friday. A delicious lamington will be provided for those wonderful children as a mark of our respect for their efforts in behaviour during the term.

Please inform staff if your child is unable to eat the lamington (or the sausage sizzle), to make alternate arrangements.

Disco

Kindergarten to Year 2 start at 5.30pm and conclude for collection from the COLA and hall area at 6.45pm.

Year 3 to year 6 start at 7.00pm and concludes at 8.45pm for collection from the hall and COLA area.

If arranging another parent or adult to pick up, please help us ensure the safety and wellbeing of children by informing us in writing of your arrangements before the start of the disco.

The disco will again be run by Dance2BFit staff and all proceeds go towards the Year 6 farewell. The cost has been kept at \$8.00 per student, which includes entry, a drink and chips. Please pay correct money at the door.

School Planning

Miss Zawierta, Mrs Savage and myself have been attending conferences and training sessions around the conclusion and evaluation of our first three-year plan, and the development of our next 3 year plan.

All staff will be becoming more focused on our next plan as the end of the year rushes towards us. We will be seeking opinions and ideas not only from staff and students, but we really want to hear from our parents and community as well. So, please participate in any opportunity you get to have an input either into evaluating the concluding plan, or helping to frame our new plan. **We really value your input!**

Major Excursions

Time is marching on for parents to get the stage 2 and stage 3 major excursions paid off.

Under the new LMBR systems, children whose final payment has not been received by the time departure dates arrive may not attend.

Parents of students in stage 2 have known about the Morisset Outdoor Education excursion since week 3 of term one. (Their excursion is in week 6 of next term, 23rd to 25th August). Our "school bank" has been open to take gradual payments since then but only some parents have taken advantage of this.

The stage 3 excursion to Milson Island is scheduled for term 4, week 3, Wednesday 25th to Friday 27th October.

Again, our "school bank" has been open since the end of term one for parents to gradually pay off the excursion and avoid "bill shock" when departure date arrives. The response so far has been poor.

Given the very long time period for parents to gradually pay off the excursion, and the sibling discounts that apply when more than one child from a family is attending, the school will not be able to assist with payment unless extremely extenuating circumstances appear and a meeting with the principal has negotiated a small amount of assistance at least 5 weeks prior to departure.

Remember, final payment must be received prior to departure.

Student Talent Quest

Sophia and Bree have begun organising a student “talent quest”, where children can put on display their particular talents and abilities in the area of Creative and Performing Arts.

They write..... get your friends and get practising for the 2017 CNPS talent quest! Anyone can audition! If you're sick on the day, or you don't get accepted the first time, we've got your back with a second chance audition.

Audition dates for each category will be announced early term 3.

The themes are.....singing, dance, comedy, music and ‘other’, (to be negotiated).

If you have any questions just find Sophia and Bree in the playground.

More information early term 3.”

This is a great example of our encouragement of student leadership, plus a chance for the arts to shine at our school.

Vacation

On behalf of all staff, may I wish all our families and children a safe and relaxing holiday break. As usual, everyone has worked extremely hard during the ten weeks of term two and certainly has earned a break.

A huge “congratulations” to all those children who have managed to maintain a 100% attendance record during the colder months.

Those achieving a 100% attendance rate up to last Friday will receive a special certificate at our assembly on Thursday.

May I also take this opportunity to thank our wonderful staff for all their efforts during the term. Most of us appreciate the extra tasks and the extra time you dedicate to the children and families of our school. I know you don't expect thanks, but it's always nice to get some anyway. Enjoy your break. I know many of you will be attending school during the holidays to “set-up” for term 3.

What a fantastic staff!

On behalf of the students and staff at Cardiff North Public School,
Thank you for your continued support.
Mr Colin Firth - Principal

CANTEEN ROSTER

Thursday 29th June	Renee Freeman
Friday 30th June	Raylee Mascord Carley Thompson
Monday 17th July	CLOSED Staff Development Day
Tuesday 18th July	CLOSED
Wednesday 19th July	Carley Thompson Bec Forbes



Entertainment books are still available from the office for \$65.



Canteen News

New Drink Flavours

Our 100% natural sparkling fruit juices now come in 2 new flavours

- Groovy Grape

- Blastin Blackcurrant



These drinks have been given a 5 star rating under the new Healthy School Canteen guidelines.

No Lunch Orders Friday 30th June

As mentioned earlier in the Bulletin, due to the Sausage Sizzle being held on the last day of term, the canteen will be open for drinks and snacks only on this day.



parenting * ideas

Moving beyond asking, "What did you do at school?"

It helps to take conversations and your questions in different directions to get a multi-faceted window into your child's school life but also an indication of your child's interests, social skills and well-being. Here are some examples of question starters that may elicit different responses from kids about their time at school:

- 1 Tell me what made you laugh today?
 - 2 Who did you play with at recess today?
 - 3 Did you do anything that was brave?
 - 4 If I spoke to your teacher, what would she tell me about you?
 - 5 What did your teacher talk about today?
 - 6 Is there anyone in your class who needs to be in time out?
 - 7 Where's the best place to hang out/play at school?
 - 8 Tell me one good thing that happened to you today?
 - 9 Who were you nice/kind/friendly to today?
 - 10 Did anyone push your buttons today?
 - 11 What did you do that you were proud of/happy with today?
 - 12 What's something you learned with a friend today?
 - 13 What's your teacher's most important rule?
 - 14 If today was a musical instrument what would it be? Why?
 - 15 If you were a teacher tomorrow, what would you teach the class?

Next time you ask a clichéd and dull question about your child's stop yourself before you utter the words. Instead think outside the square and ask questions that may stimulate a response beyond "Fine" or "Nothing." And remember they may not feel like talking which is fine too. Like adults, kids need to be in the right mood and the right environment if they are going to share a meaningful conversation about their day.

Visit our website for more ideas and information to help you raise confident and resilient young people.



now we know



parenting * ideas
insight

Moving beyond asking, "What did you do at school?"

By Michael Gross

Ever found yourself asking your child the same bland question about school?

- Ever found yourself asking your child the same bland question about school?
"So, how was your day? What did you do at school today? What did you
- Set the atmosphere**
It helps to create the right atmosphere for conversations. A quick "How was your day?" as you pick a child up from after-school is a rapport-builder or mood-changer, but little more

If these are your default questions the chances are that you'll get a one or two word reply along the lines, "Fine!" "Good!" "Okay" "Nothing much." These answers don't really tell you a lot. On the other hand, these types of trip home, particularly if you keep the phone off and are able to keep some distance between kids and mobile devices. Alternatively, walking home together may loosen up your child's tongue and put them in the mood for fun.

Give kids a chance

So how can you move beyond the mundane when you talk with kids about their school days?

Most kids need some time and space to unwind before expecting them

Next time you ask a clichéd and dull question about your child's day stop yourself before you utter the words. Instead think outside the square and ask questions that may stimulate a response beyond "Fine" or "Nothing." And remember they may not feel like talking, which is fine too. Like adults, kids need to be in the right mood and the right environment if they are going to share a meaningful conversation about their day.

to talk about their day, particularly if you are going to launch and ask them questions. This makes sense as most adults would feel annoyed if they were assaulted as soon as they walked in the door about their day. "How was your day? What did you do? Who did

Create conversations rather than ask questions

The dinner table makes a great place to talk, if all televisions are off, mobile devices are left behind and you take the time to make it more than a pit stop. One way to kick off a conversation is to ask kids if they'd like to hear about your day. From my experience kids are often interested in an adult's day so don't think you have to make it sound grander than what it is. This gives kids permission to talk about their own days; your story can stimulate conversations which provides openings for kids to ask questions and share a little or in some cases a lot about their own day at school.

Interesting questions lead to interesting conversations

The questions you ask to prompt a conversation will often say a great deal about you and what you value. If you focus only on academic or learning questions then it indicates

