CARDIFF NORTH PUBLIC SCHOOL

BULLETIN

Pupils are to reach their full potential through teacher, parent and student endeavour.

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Term 1 Week 6 **1st March 2017**

COMING EVENTS

Monday 20th Feb - Friday 3rd March
3 Way Interviews

Friday 3rd March
Young Leaders Day

Friday 3rd March
Clean Up Australia Day

Monday 6th March
Life Ed - Healthy Harold

Wednesday 8th March
Expo Day @ Cardiff High Yr 6

Tuesday 14th March
Anti bullying show

Permission Notes and Payments Due

Young Leaders Day $60
overdue

Zone Swimming Carnival $4
overdue

General School Contribution $35.20 per child*
Due by Friday 3rd February

* This is the discounted price and only applies if paid along with the Mathletics fee and by Friday 3rd March

Mathletics $20
Due by Friday 3rd March

Life Ed - Healthy Harold $10
overdue

Starrs Production Play $6
Due by Tuesday 7th March

P & C Meetings
7pm in the staffroom
AGM at 6.30pm
Our next meeting
Tuesday 14th March

Dear Parents,

Clean Up Australia Day
This Friday is School's Clean Up Australia Day. All students at Cardiff North will be learning the importance of correct waste disposal from some senior Green Team students.

After a short presentation, classes will clean up our grounds from 2pm. Students may bring their own gloves if they wish, but some will be provided.

Families are encouraged to join in clean up days held throughout the Cardiff community this Sunday 5th March.

The Cardiff Sustainable Neighbourhood Group is running their own Clean Up Australia Day event this Sunday 5th March. Details can be found on their website: http://www.sustainableneighbourhoods.org.au/cardiff-area.html

Miss Gillard

Seasons for Growth
Change and loss affect all of us at some stage in our lives, whether that is through divorce, death, separation, moving schools, family illness, or even the loss of a pet. At Cardiff North we recognise that when changes occur in families, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss.

The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

Seasons for Growth runs for eight weeks and each weekly session is 40-45 minutes. The program concludes with a 'Celebration' session. Later in the year each group will have the opportunity to meet for two further sessions to build on their earlier learning.

If you think your son or daughter would benefit from Seasons for Growth we would encourage you to talk to them first about this. Should they decide to participate, please contact your class teacher.

Amy Lamotte, (School buddy & accredited Seasons for growth presenter)

3-Way Interviews
These will finish at the end of this week so if you still want to have an interview, please see the classroom teacher.

Whole School Assembly
On Thursday 9th March, our Kindergarten students will receive their school badges which they are rather excited about. Please join us at 2pm on this day if you can. Sports captains and Vice captains will also be presented with their badges at this assembly.

Sporting News
Last Thursday, Mr Piggott took 11 children to the Zone Swimming Carnival at Speers Point Pool. The students were Jaida K, Callie D, Jaxon B, Isabella E, Lexie M, Zali S, Rachel L, Zac D, Kayden B, Tamika F and Bella D. It was a long day for the children as many of them had to compete in multiple events. The competition at Zone level is very strong and the children all put in an outstanding effort in representing Cardiff North at the carnival.

P&C AGM
This will be held on Tuesday 14th March at 7pm in the staffroom. We would love you to come along and be part of the team.

imagiNATION, (Young Leaders Day)
A reminder that if your child is attending this day on Friday at Darling Harbour, the coach will be leaving from Adamstown Public School at 6.00am sharp and returning between 5.00pm and 5.30pm.

Healthy Harold Visit
This visit to the Life Education Centre at Edgeworth is next Monday. If you have not handed in the permission slip and paid, please do so ASAP.

Uniform
Our uniform order has arrived.

For those waiting for their order to be filled, they will be available on Monday.

CANTEEN ROSTER	
Thursday 2nd Mar	Monique Anderson
Friday 3rd Mar	Leone Wood Kate McLean
Monday 6th Mar	Michelle Burgess Chrissie Boardman
Tuesday 7th Mar	Donna Hatton
Wednesday 8th Mar	Carley Thompson Bec Forbes

On behalf of the students and staff at
Cardiff North Public School,
Thank you for your continued support.
Mrs Savage - Relieving Assistant Principal